

March 2020

**Schedule changes will be distributed to parents via email and the MS Track website

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 1/2 Day; Conferences	5 1/2 Day; Conferences	6 No Practice	7
8	9 No Practice	10 No Practice	11 No Practice	12 No Practice	13 No Practice	14
15	16 First Practice 30-4:45	17 Practice: 2:30-4: 45	18 Practice: 2:30-4: 45	19 Practice: 2:30-4: 45	20 No Practice	21
22	23 First Practice 3:30-4:45 <small>**HS Away Meet</small>	24 Practice: 2:30-3: 45	25 Practice: 2:30-4: 45	26 Practice: 2:30-3: 45	27 No Practice	28
29	30 Practice: 2:30-4:45	31 Practice: 2:30-3:45	Practice: 2:30-4: 45	Practice: 2:30-3:45	No Practice	

Notes

All track participants must have all required physical forms turned into the Athletic Trainers ONLINE prior to being able to participate in practice. Also, all runners not picked up at the Middle School by the end of practice (3:45/4:45) will be asked to take the activity bus home.

April 2020

**Schedule changes will be distributed to parents via email and the MS Track website

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Practice **High School Meet**	2 Practice: 2:30-4:45	3 No Practice	4
5	6 Practice: 30-4:45	7 Away Meet Upper Merion MS 3:30 Start	8 No Practice **Spring Break**	9 No Practice **Spring Break**	10 No Practice **Spring Break**	11
12	13 No Practice **Spring Break**	14 Practice: 2:30-3:45	15 Practice: 2:30-4:45	16 Practice: 2:30-3:45	17 No Practice	18
19	20 Practice: 30-4:45	21 Home Meet Pottstown Phoenixville 3:30 Start	22 Practice: 2:30-4:45	23 Practice: 2:30-3:45	24 No Practice	25
26	27 Practice: 30-4:45	28 Home Meet Upper Merion West 3:30 Start	29 No Practice **High School Meet**	30 Practice: 2:30-3:45	No Practice	

Notes

All runners not picked up at the Middle School by the end of practice (3:45/4:45) will be asked to take the activity bus home.

May 2020

**Schedule changes will be distributed to parents via email and the MS Track website

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No Practice	2
3	4 Home Meet Pottsgrove MS 3:30 Start	5 Practice: 2:30-3: 45	6 Practice: 2:30-4: 45	7 Practice: 2:30-3: 45	8 Away Meet Arcola MS 3:30 Start	9
10	11 Practice: 3:30-4:45	12 Away Meet Boyertown East 3:30 Start	13 Practice: 2:30-4: 45	14 Practice: 2:30-3: 45	15 No Practice	16
17	18 Practice: 3:30-4:45	19 GIRLS MS PAC INVITE Arcola MS	20 BOYS MS PAC INVITE Pottsgrove MS	21 No Practice	22 No Practice	
24	25	26	27			
		MS Track Pizza Pa				

Notes

All runners not picked up at the Middle School by the end of practice (3:45/4:45) will be asked to take the activity bus home.